





A Checklist for a Sound Start By 4 years of age...







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|  People outside the family understand my child about 90% of the time | YES | NO |
|  My child can tell a simple story with a beginning, middle and an end | YES | NO |

Number of times you checked 'NO'

If you answered 'NO' to one or both questions,
please consider a referral to the Nova Scotia Hearing and Speech Centre nearest you.

(Scroll for the next page)

(Scroll to page 3)

 My child can follow directions with 3 or more steps (<i>“Get your shoes, put them in your backpack, and put your backpack on the chair by the door”</i>)	YES	NO
 My child asks many questions such as “why” and ‘who’	YES	NO
 My child uses complex sentences (<i>“My baby’s gonna sleep and then I’ll feed her”, “I showed Mary my picture and she put it on the fridge”</i>), and there might be a few grammar mistakes (<i>“I runned really fast”</i>)	YES	NO
 My child can guess what might happen next in a story	YES	NO
 My child can rhyme some words	YES	NO
 My child tries to solve problems with adults or other children	YES	NO

Number of times you checked ‘NO’

If you answered 'NO' to 3 or more questions,
please consider a referral to the Nova Scotia Hearing and Speech Centre nearest you.

How to Make a Referral

A parent/guardian may make a referral to the Nova Scotia Hearing and Speech Centre nearest your community by filling out a referral form or by contacting the nearest centre directly. NSHSC has an open referral policy meaning a doctor's referral is not necessary.

~ These services are available at no cost to Nova Scotia preschool children who have a valid NS Health Card. ~

[Click here](#) to find a centre near you

Toll Free: 1-888-780-3330

 *Pour communiquer avec quelqu'un en français, s.v.p. appelez le (902) 464-5001.*